



Dear Partners; we are inviting you participating Comenius projects. If you are eligible for Comenius project, we will be happy collaborating with you. But we can only one institution from same country. Below you will find the short summary of our project. Please fill and send us partnership form immediately. PLEASE FILL THE FORM [http://www.mutlubirey.net/partner\\_search.doc](http://www.mutlubirey.net/partner_search.doc) and send us filled form PLEASE WRITE CODE TO SUBJECT OF YOUR E-MAIL. Send your e-mail to [euprojectteam@gmail.com](mailto:euprojectteam@gmail.com) THANKS... [www.mutlubirey.net](http://www.mutlubirey.net) Project Team of Happy Kids

### **WE ARE SEEKING PARTNERS FOR OUR TURKISH SCHOOLS COMENIUS PROJECTS**

**COM-1** [MY FATHER IS MY HERO - Fathers participation to education process](#)

**COM-2** [DEALING WITH FEELING - Working about feelings](#)

**COM-3** [YES WE WANT PEACE IN EVERYWHERE - Solidarity for Peace and Discovering Other Cultures](#)

**COM-4** [FAMILY LEARNING WEEKS - Learning together](#)

**COM-5** [MY OWN MOVIE - Producing own movies, making school environment happy](#)

**COM-6** [I LOVE MATH - Preventing Math Phoby](#)

**COM-7** [TRADITIONAL DAYS - Celebrateing Styles of Traditional Days](#)

**COM-8** [LEARNING STYLES - Discovering Learning Styles](#)

**COM-9** [NO PANIC WE CAN SAVE OUR PLANET - Keep Clean the World](#)

**COM-10** [MY MUSICAL TALENT - Musical issues](#)

**COM-11** [SELF CONFIDENCE - SELF RESPECT](#)

**COM-12** [LET'S TELL US YOUR IMAGINATION ABOUT SCHOOL](#)

**COM-13** [I WANT TO SPEND MORE TIME WITH MY MOTHER](#)

### **COM-11: SELF CONFIDENCE – SELF RESPECT**

Having self respect is to have pride and knowledge of one's own worth, to value one's self. To have due respect for oneself, one's character, and one's conduct. Respect is earned, not given. Those with respect for themselves are less prone to regret,

blame, guilt, shame, and secretive behaviour. Self respect is the cornerstone on which many other attributes are built such as honesty, confidence, and integrity. Self respect reflects the level of love we have for ourselves.

Self Respect - How Do We Learn To Respect Ourselves? Children learn from individuals who have a high respect for themselves. A child's first teachers are his parents - it is their self respect which is modeled and absorbed, and becomes the pattern and example to be emulated. As you feel and show respect for yourself, your child is being taught how to feel about him/her self. Self respect is not about what we do, but who we are. It is about feeling valued, just because we are. The more children are around people who feel good about themselves, the more they can emulate this important truth.

High self-esteem is associated with high productivity, whether it is exemplified in academic achievement, creativity or leadership: low self-esteem is characteristic of the low achiever, non creative person and the follower.

John Gilmore says "The productive personality"

If you stopped people in the street and asked if they know what it is that everyone has to some degree, which can not be seen, but the amount of they can be identified by the words they speak and the actions they take, there would almost certainly be difficulty in naming it. It's absolutely self-esteem. In our project we will examine this term and we will try to build it on our kids' personality. Also they will learn how to make good relationships with others. Thank to this project they will examine themselves. During the project there will be workshops about:

- self-esteem,
- self-respect
- self-confidence
- And relationships

With **self respect** we like ourselves because of **who we are** not because of what we can or cannot do.

### **The objectives of the project:**

- To assist student specify his/her unique qualities.
- To help student identify manifestations of a poor self-image
- To allow each student to focus on the positive qualities of her/ his personality.
- To help students recognize that each person has unique perceptions and feelings.
- To encourage the students to be helpful and positive with others
- To assist students respect each individuals need for personal space.
- To assist students enable themselves to feel confident in our own capabilities

### **Activities:**

**Friendship is a treasure:**

(To have a friend first you must be a friend.—writing why friendships are important-make list- discuss how one can be a good friend)

Picture of themselves and a friend--)

**Getting to know you:**

Find out why reasons why each one of them is unique and special. Display a possession that is special to you and explain why. Discuss with the students how one's work and possessions can give others information about you. Cut an interesting picture from several copies of the same newspaper (don't leave the written part with picture-just take the picture) make them write a new story.

**Tall:**

(Children use their body to show it's small or tall. Think of all things that you are good at. Through our circle of friendship, let us pass our happiness to each other and feel confident, happy and strong. Use language "would it help if... or the thing I do best of all is...."make them write a song which shows us their confidence.

**Visiting pre-schools in every country:**

Every country partner should choose a pre-school to visit. So, all the kids will be friends with each other. That will be called a sharing among children.

## ACTIVITY TABLE

| <b>Approx<br/>startin<br/>g date</b> | <b>Activity/mobility description</b>     | <b>Destination<br/>country (for<br/>mobility only)</b> | <b>Which partners involved</b> |
|--------------------------------------|--|--|--------------------------------|
| mm/yy                                |  |  |                                |
| 02/2010                              | <b>FIRST MEETING</b>                     |  | ALL PARTNERS                   |
| 03/2010                              | PREPARING A WEB PAGE FOR<br>EACH PARTNER |  | ALL PARTNERS                   |

|         |   |  |              |
|---------|---|--|--------------|
|         |   |  |              |
| 04/2010 | Choosing pre-school to visit and make arrangement with these schools.   |  | ALL PARTNERS |
| 05/2010 | <b>"Friendship is a treasure"<br/>Activity</b>  |  | ALL PARTNERS |
| 06/2010 | TRANSLATING THE PARTNERS'<br>PRODUCTS INTO THEIR OWN<br>LANGUAGE<br><br>SHARING THE TRANSLATION<br>WORK WITH THE OTHER<br>PARTNERS  |  | ALL PARTNERS |
| 07/2010 | PREPARING BULLETINS IN<br>REGULAR TIMES   |  | ALL PARTNERS |
| 08/2010 | <b>SECOND MEETING</b><br><br>(sharing the compositions with<br>the partners,<br>making an evaluation of the<br>competition,<br>sharing other thoughts about<br>the activity and visiting pre-<br>schools ...etc.) |  | ALL PARTNERS |
| 09/2010 | <b>"Getting to know you"</b><br>Activities  |  | ALL PARTNERS |
| 10/2010 | TRANSLATING THE PARTNERS'<br>PRODUCTS INTO THEIR OWN<br>LANGUAGE<br><br>SHARING THE TRANSLATION   |  | ALL PARTNERS |

|         |   |  |              |
|---------|---|--|--------------|
|         | WORK WITH THE OTHER PARTNERS  |  |              |
| 11/2010 | <p>PREPARING A FREE DISCUSSION PLATFORM</p> <p>children will be given an opportunity to discuss times that they have felt or experienced this emotion and self-reflect upon these times.</p> <p>TAKE PHOTOS FROM THE PLATFORM</p> |  | ALL PARTNERS |
| 12/2010 | <p>TRANSLATING FREE DISCUSSION PLATFORM INTO ENGLISH,</p> <p>UPDATE THE WEB PAGE IN REGULAR TIMES</p>   |  | ALL PARTNERS |
| 01/2011 | <p><b>THIRD MEETING</b></p> <p>(Evaluation of the first year...etc. )</p>   |  | ALL PARTNERS |
|         |   |  |              |
| 02/2011 | " Tall" Activity  |  | ALL PARTNERS |
| 03/2011 | <p>TRANSLATING THE PARTNERS' PRODUCTS INTO THEIR OWN LANGUAGE</p> <p>SHARING THE TRANSLATION</p>  |  | ALL PARTNERS |

|         |  |  |              |
|---------|--|--|--------------|
|         | WORK WITH THE OTHER PARTNERS   |  |              |
| 04/2011 | PREPARING BULLETINS IN REGULAR TIMES   |  | ALL PARTNERS |
| 05/2011 | UPDATING THE WEBSITE AND BLOGS   |  | ALL PARTNERS |
| 06/2011 | <b>4 TH MEETING</b>  |  | ALL PARTNERS |
| 07/2011 | ( discuss the answers of the suggestion list and make a statistics during the meeting, classify the problems and solutions, compare the problems and the given solutions)  |  | ALL PARTNERS |
| 08/2011 | PREPARING an E-BOOK , and CD/DVD about the attempts for the solutions (3 proposals for each partner); includes via plays, opinions...etc.<br><b>(the common involvement of partners)</b><br><br>PREPARING BULLETINS IN REGULAR TIMES |  | ALL PARTNERS |
| 09/2011 | <b>Preparing final report</b>  |  | ALL PARTNERS |

